Ages and Stages

Language and Communication

2-6 Months
- Coos, makes gurgling sounds.
- Turns head toward sounds.
- Looks to parents for validation.
- Babbles with expression and copies sounds.
- Responds to sounds by making sounds.
- Responds to own name.

9-12 Months
- Understands no.
- Makes a lot of different sounds.
- Responds to simple requests.
- Can make basic gestures.
- Says “mama” and “dada”.
- Gets encouragement from parents validation.

1.5-2 Years
- Says several single words.
- Says and shakes head “no”.
- Points to show someone what she wants.
- Says short sentences.
- Follows simple instructions.

3 Years
- Follow instructions with 2 or 3 steps.
- Can name most familiar things.
- Understands most words.
- Talks well enough with strangers to understand most of the time.

4 Years
- Knows some basic rules of grammar such as correctly using “he” and “she”.
- Sings a song or poem from memory such as “Itsy Bitsy Spider” and tells stories.
- Can say first and last names.

5 Years
- Speaks very clearly.
- Tells a simple story with full sentences.
- Uses future tense; for example, “Grandma will be here.”
- Says name and address.
Social and Emotional

2 Months:
- Begins to smile at people.
- Can briefly calm self.
- Tries to look at parent.

4 Months
- Smiles Spontaneously.
- Plays with people.
- Copies some movements and facial expressions.

6 Months
- Knows familiar faces and recognizes strangers.
- Likes to play with others.
- Responds to emotions.
- Likes to look at self in mirror.

9 Months
- Shy or anxious with strangers.
- Cries when parents leave.
- Enjoys imitating people in play.

12 Months
- Prefers certain people and toys.
- Tests parental responses.
- Finger-feed self.

18 Months
- Likes to hand things to others as play.
- May have temper tantrums.
- May be afraid of strangers.
- Shows affection to some.

2 Years
- Copies others, especially adults and older children.
- Gets excited when with other children.

3 Years
- Shows concern if someone else is crying.
- Shows a wide variety of emotions.
- Less separation anxiety.

4 Years
- Enjoys doing new things
- Plays “mom” and “dad”.
- Cooperates with other children.

5 Years
- Wants to please friends.
- Wants to be like friends.
- Aware of gender.
- Likely to follow rules.
Cognitive

2-6 Months
Pays attention to faces. Begins to follow things with eyes and recognize people at a distance. Uses hands and eyes together, such as seeing a toy and reaching for it. Looks around at things nearby. Brings

9-12 Months
Watches the path of something as it falls. Looks for things he sees you hide. Explore things in different ways, like shaking, banging, throwing. Finds hidden things easily.

1.5-2 Years
Knows what ordinary things are for, for example, telephone, toothbrush, spoon. Finds hidden things easily. Plays simple make-believe games.

3 Years
Can work w. buttons, levers, and moving parts. Plays make believe. Understands concepts, like what “2” means. Copies some shapes with crayon or pencil.

4-5 Years
Starts to understand time. Remembers parts of a story. Understands the idea of “same” or “different.” Loves to read and reread books.
# Physical Development

## 2 Months
- Can hold head up and begins to push up when lying on tummy.
- Makes smoother movements with arms and legs.

## 4 Months
- Holds head steady, unsupported.
- Pushes down on legs when feet are on hard surface.
- May be able to roll over from tummy to back.
- Can hold a toy and shake it and swing at dangling toys.
- Brings hands to mouth.
- When lying on stomach, pushes up on elbows.

## 6 Months
- Rolls over in both directions.
- Begins to sit without support.
- When standing, supports weight on legs and might bounce.
- Rocks back and forth, sometimes crawling backward and before moving forward.

## 9 Months
- Stands, holding on.
- Can get into sitting position.
- Sits without support.
- Pulls to stand.
- Crawl.

## 12 Months
- Gets to sitting position without help.
- Pulls up to stand, walks holding onto furniture (cruising).
- May take a few steps without holding on.
- May stand alone.

## 18 Months
- Walks alone.
- May walk up steps and run.
- Pulls toys while walking.
- Can help undress himself.
  - Drinks form a cup.
  - Eats with a spoon.

## 2 Years
- Kicks a ball.
- Begins to run.
- Climbs onto and down from furniture without help.
- Walks up and down stairs holding on.
- Throws ball overhand.
- Some interest in toilet training.

## 3 Years
- Climbs well.
- Runs easily.
- Pedals a tricycle (3-wheels bike).
- Walks up and down stairs, one foot on each step.
- Toilet learning complete.

## 4 Years
- Hops and stands on one foot for up to 2 seconds.
- Catches a bounced ball most of the time.
- Can cut, mash, and pour food on own.
- Uses scissors.

## 5 Years
- Stands on one foot for 10 seconds or longer.
- Hops; may be able to skip.
- Can do a somersault.
- Uses a fork and spoon and sometimes a table knife.
- Can use the toilet on her own.

For more information about Child Development visit [http://childdevelopmentinfo.com/child-development/normaldevelopment/]