**Parenting Styles**

The *Permissive* parenting style has few behavioral expectations for the child. Parents are involved and responsive to the children but place very few demands on them. Kids get too little guidance and the parents are sometimes indulgent and offer too few rules.

The *Autocratic* parenting style is strict. Conformity and compliance are valued. There is little dialogue between parent and child. Children are expected to follow rules and directions without discussion. Respect of the parent is important. This is also called authoritarian parenting.

The *Democratic* parenting style is a balanced approach and is best for children. Also called authoritative parenting, these parents encourage their children to be independent while also giving kind and firm limits. These parents seek to understand their children’s feelings and teach them how to regulate feelings. They help their children find appropriate outlets to solve problems. They are fair and kind.